

Anderson Orthotics & Prosthetics

Prosthetic Wearing Schedule

Day 1-2:	½ hour	2 times per day	___	___
Day 3-4:	1 hour	2 times per day	___	___
Day 5-6:	1½ hours	2 times per day	___	___
Day 7-8:	2 hours	2 times per day	___	___
Day 9-10:	2½ hours	2 times per day	___	___
Day 11-12:	3 hours	2 times per day	___	___
Day 13-14:	3½ hours	2 times per day	___	___
Day 15-16:	4 hours	2 times per day	___	___
Day 17:	ALL DAY			

It is very important that you follow the above schedule.

- ✓ There should be at least 2 hours between wearing times.
- ✓ Do not extend wearing times.
- ✓ Remove the prosthesis and liner/socks and check for redness after each wearing period.
- ✓ If some redness is noted, check the area again in 20 minutes.
- ✓ If there is no redness after 20 minutes, you may begin wearing the prosthesis again at the next scheduled time.
- ✓ If redness is still present after 20 minutes, make a notation of the area and call us to schedule an appointment for an adjustment to the prosthesis.

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Toll-Free (888) 557-1881
(936) 559-1881

If you have ANY problems with your prosthesis, please call us.